

# Can You Handle Truth?



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South Central church of Christ

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# Can You Handle Truth?

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- Truth
- A fact that has been verified
- Conformity to fact or actuality
- Sincerity, integrity
- Fidelity to a standard
- That which is considered to be supreme reality and to have the ultimate meaning and value of existence

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- John 14:6
- “The Way” means path or journey. Jesus is the only “path” to the Father!
- “Life” in the New Testament usually means eternal life, life before and after the resurrection when death will never again be experienced

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- Truth takes on its own special meaning, *Jesus is the truth. The truth is the truth about Jesus!*
- John 1:14
- John 1:17
- John 3:20-21
- John 5:33

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- John 8:40
- John 14:16-17
- John 15:26-27
- John 17:17
- John 18:37-38

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- The Truth Will Set You Free!
- John 8:31-32
- If you hold to my teachings (**about me**)
- Study to be like teacher
- Follow him everywhere
- Living with him
- Craving to be just like him

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- ❑ Hold to my teaching, “abide”, “live” in my teachings **about me!**
- ❑ Live in his word, the word that is Jesus Himself!
- ❑ Will never know truth until it is lived!
- ❑ Only when truth is experienced, when you have tried it, will you understand it!

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- **The Test of Whether We Believe (convinced and convicted) Truth (supreme reality, ultimate meaning and value of existence)**
- John 4:43-5:18
- *Jesus* as Truth sets us free from “living by sight”!

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- John 5: 1-9
- *Jesus* as truth sets us free from “Victimization”, self-imposed limitations mindset
- No one, no friends, no hope no future, no purpose, **but Jesus steps in**
- Do you really want this change from distortion to “**truth**”?

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- ❑ Self Defeating Thought Pattern
- ❑ Not finishing what you start
- ❑ Rejecting advice and help
- ❑ Negative self talk
- ❑ Procrastination
- ❑ Poor habits-punctuality, attendance
- ❑ Relying on potentially addicting devices

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- **Everything begins with a thought!**
- Emotions and behaviors are important characters in your mind, but **“thought”** is the director!

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- ❑ Jesus Christ is the Word and the Word changes thoughts
- ❑ Emotionally-Feelings under control
- ❑ Physically-healthy lifestyle
- ❑ Psychologically-Life giving thinking
- ❑ Future-greater than past
  
- ❑ True Dat!